



FOX SOCCER ACADEMY
ELITE 25/26

LOCATIONS

LEICESTER

AYLESTONE PARK FC, SAFFRON LANE, LEICESTER, LE2 6TG
MONDAYS 17:30-19:00, THURSDAYS 17:00-18:00
UNDER 8s – UNDER 16s

LONDON

TOOTING & MITCHAM FC, BISHOPS FORD ROAD, LONDON, SM4 6BF
TUESDAYS & THURSDAYS 17:00-18:30
UNDER 8s – UNDER 16s

MANCHESTER

DEAN TRUST ARDWICK, STOCKPORT ROAD, LONGSIGHT, M13 0LF
WEDNESDAYS 18:00-19:30
UNDER 7s – UNDER 13s

DERBYSHIRE

SLEETMOOR LANE SPORTS GROUND, SLEETMOOR LANE, ALFRETON, DE55 1RH
FRIDAYS 18:00-19:30
UNDER 7s – UNDER 13s



PHASES AND PHILOSOPHY

- Fox Soccer Academy is split into 3 phases at our elite centre. The Foundation phase, Youth Development phase and the Professional Development phase. Each phase has a different philosophy and focus but holds the same values. To Produce players who are well disciplined, have an excellent attitude, want to succeed, want to learn and enjoy working hard. We develop individuals who are excellent within a team structure and improve their tactical understanding. Show players how we want to attack and defend in each of the thirds, within a 4-3-3 (11) 3-4-1 (9) and 2-3-1 (7) formation.
- **Foundation phase (U7 – U12):** Our focus is to introduce players to the game and build their confidence in ball mastery, 1v1 skills and shape work in a fun but engaging environment.
- **Youth Development Phase (U13-U16):** Develop players understanding of the game with more focus on technical, tactical and psychological aspects. The environment is still engaging but intensity and competition increases.
- **Professional Development Phase (U17-19s):** This phase is called FSA PRO and helps prepare players for the demands of professional football and non league football. There is a strong emphasis on tactical understanding and physical development. This phase is full time and includes education programmes and opportunities to travel and higher education platforms.



GK ACADEMY AND SYLLABUS

- Fox Soccer Academy has linked up with A Class coaching, who are a specialist GK Academy. Together with FSA, their qualified goalkeeper coaches bring you weekly goalkeeper specific training covering a tailored GK syllabus for each phase (as shown in the previous slide).
- Goalkeepers will train with players of a similar age in a 60-minute dedicated session. For the final 30 minutes of the session, they will link of with FSA Elite players in their banded age for games and the final part of their session.
- Like the elite players, the goalkeepers will work from an academy syllabus which covers topics such as coordination, shot stopping, positioning, distribution and in game movement and communication.



BANDED AGE GROUPS

Our academy is split into 5 banded age groups with a maximum of 18 places available in each group. This helps us keep the squads competitive against professional teams and gives us depth through the season.

UNDER 7/8s: 5-a-side

UNDER 9/10s: 7-a-side

UNDER 11/12s: 9-a-side

UNDER 13/14s: 11-a-side

UNDER 15/16s: 11-a-side



ACADEMY CALENDAR

Our season is split into 5 blocks. Each section is specifically designed to get the best out of the players at that stage in the season. Phases are also tailored around events going on at the academy:

SEPTEMBER – OCTOBER (FITNESS TESTING AND SPECIALISED COACHING)

This section is a 6-week block that incorporates 2 fitness testing weeks, a strength and conditioning programme and guest coaches specialising in strength and conditioning and sprint training. Our aim is to make players as fit as possible to handle the demands of a full season and show them where they can improve.

NOVEMBER – DECEMBER (GAMES PROGRAMME)

This section is a 7-week block that will see each age group host games during training sessions, visit professional academies and enjoy tailored sessions around conditioned games. Each age group will have at least 3 games during this phase.



ACADEMY CALENDAR

JANUARY – FEBRUARY (ACADEMY SYLLABUS)

This section is a 7-week block that allows players to work on our 6 academy topics that make our syllabus and a games week to help put the detail into practise, players will be coaches defending, midfield and attacking topics based around our core principles of play.

MARCH – MAY (TOURNAMENT & TOUR PREPARATION)

This section is a 7-week block that helps players prepare for our upcoming tours and tournaments. Players will look at new systems of play and designed games to support our ambition for success at events.

MAY – JULY (TRANSITIONAL FOOTBALL)

This section is a 10-week block that helps players understanding transitions in game and supports them for the next step in football. Players will work with older players, bigger pitches and on different systems depending on their age group to help them transition from 5, 7, 9 and 11-a-side football.



MUST KNOW INFO



ELITE MATCHES

Additional games will be organised during evenings and weekends. We will try to give at least three weeks notice if games fall outside of normal elite training.



SESSION CALENDAR

Sessions are during term time only. No sessions will take place during holidays.



TOURS & TOURNAMENTS

Tours and tournaments are not mandatory.



MONTHLY FEES

Monthly fees are taken automatically on the 1st of each month via TeamFeePay



MANDATORY KIT

Kit packs are mandatory for players, these must be bought to play in games and worn during training.



ACADEMY EXPERIENCES



NEW EUROPEAN CUP ANNOUNCED

All age groups will have the chance to travel to a new European tournament during the easter break as we combine teams with FSA USA and FSA Austria to compete in a prestigious international tournament. Plans will be shared soon in September



PRO FOR A DAY EXPERIENCE

All players will get the chance to be part of our Pro for a Day experience and play on the pitch at the king power stadium (home of Leicester City FC)

Confirmed: May 2026



IDPS AND FEEDBACK

All players will receive two IDPs throughout the season (Individual Development Plans). This will help players with vital feedback explaining where they are with their current game and what they can do to improve. Players will receive these at the end of January and June.



INCLUDED IN YOUR FEES



ALL TRAINING AND GAMES

All age groups will have 40 weeks of training and a minimum of 6 games during the season. This includes local grassroot teams, soccer schools and professional academy games.



LOCAL SUMMER TOURNAMENTS

All players will be invited to attend tournaments over the summer months to end the season. Our coaches will help select local tournaments within an hour drive.



MONTHLY PRIZE DRAW

All players will be allocated a number at the start of the season and be included in a monthly prize draw. Prizes to include Premier League and EFL tickets, FSA merchandise, private 1-2-1 sessions and free half term camps.



ACADEMY KIT PACKS

2025/26

All players must purchase the 2025-2026 Adidas FSA Elite home kit (mandatory bundle) to wear during training, showcase games and events. You can also purchase extra training gear and winter products at our club shop.

<https://www.kitking.co.uk/collections/fox-soccer-academy-shop>



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HOW TO JOIN

Our academy fees are split into equal monthly payments. Your monthly fees will be collected automatically by our academy partner 'TeamFeePay' on the 1st of each calendar month between September and July (10 payments)

All players must register at the below link and set up your profile (this will take no more than 5 minutes)

Please note – fees are not based on how many sessions there are that month or how often you access training. Your payment is split into equal payments at time of signing up.



DOWNLOAD THE APP

Download the Team FeePay app for more support and to access your profile.

ANY QUESTIONS?

Contact Mark at
mark@foxsoccer.academy

REGISTER HERE

[https://app.teamfeepay.com/register/club/1339/
season/5116](https://app.teamfeepay.com/register/club/1339/season/5116)



CONTACT US

UK EMAIL

uk@foxsoccer.academy

MARK SMITH

ACADEMY DIRECTOR

mark@foxsoccer.academy

WWW.FOXSOCCER.ACADEMY

IG: @FSAUNITEDKINGDOM

FB: FOX SOCCER ACADEMY UK

X: @FOXSOCCERACAD

LEICESTER

Aylestone Park FC
LE2 6TG

LONDON

Tooting & Mitcham FC
SM4 6BF

MANCHESTER

Dean Trust Ardwick
M13 0LF

DERBYSHIRE

Sleetmoor United FC
DE55 1RH



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